

# Helping Plants Grow Well Fact Sheet

To grow healthy plants you need...



## Plant Life Cycle



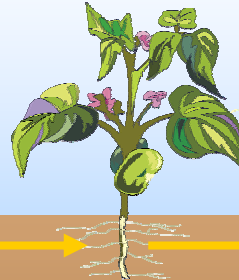
The seed germinates and grows.



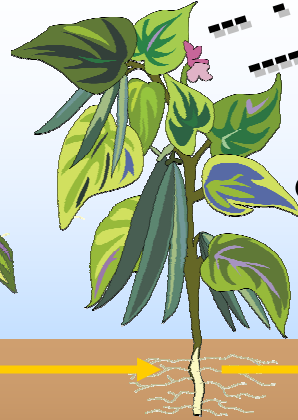
A seed is planted in soil



Roots are forming under the ground.



Flowers develop

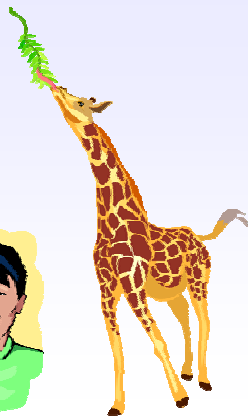


Seeds are dispersed

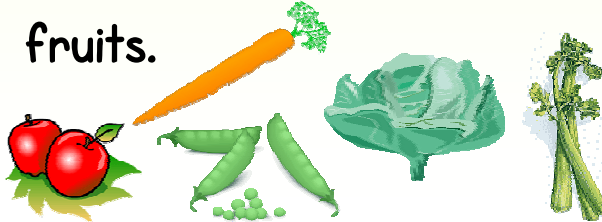


The plant dies

Plants provide food for us and other animals.



We can eat many parts of plants including; roots, shoots, leaves, seeds and fruits.



Plants **flower** and produce **fruits** which contain **seeds**.

Seeds **germinate** into **seedlings**, which grow into

**plants**.



# Helping Plants Grow Well Glossary

**fruit** - an edible, fleshy part of the plant that surrounds one or more seeds e.g. peach, plum etc.

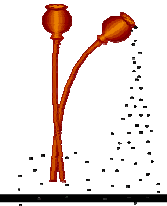


**roots** - the part of a plant that keeps it in place and takes in water and minerals

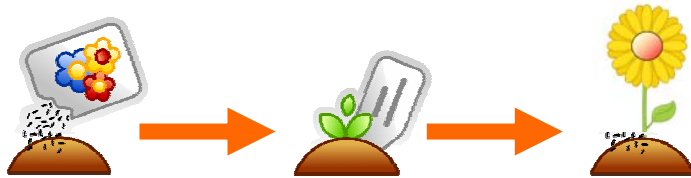


**germinate** - to begin the process of growth - when a seed forms a small root and/or shoot

**seed** - the part of a plant that will grow into a new plant e.g. pips, peas, beans



**growth** - process of getting larger and becoming mature (plants) or adult (animals)



**seedling** - a young plant that has just germinated



**stem** - the main body or stalk of a plant

**leaf** - green part of a plant that makes food for the plant



**vegetable** - a plant that has parts used for food e.g. pea, potato, cauliflower, onion etc.

