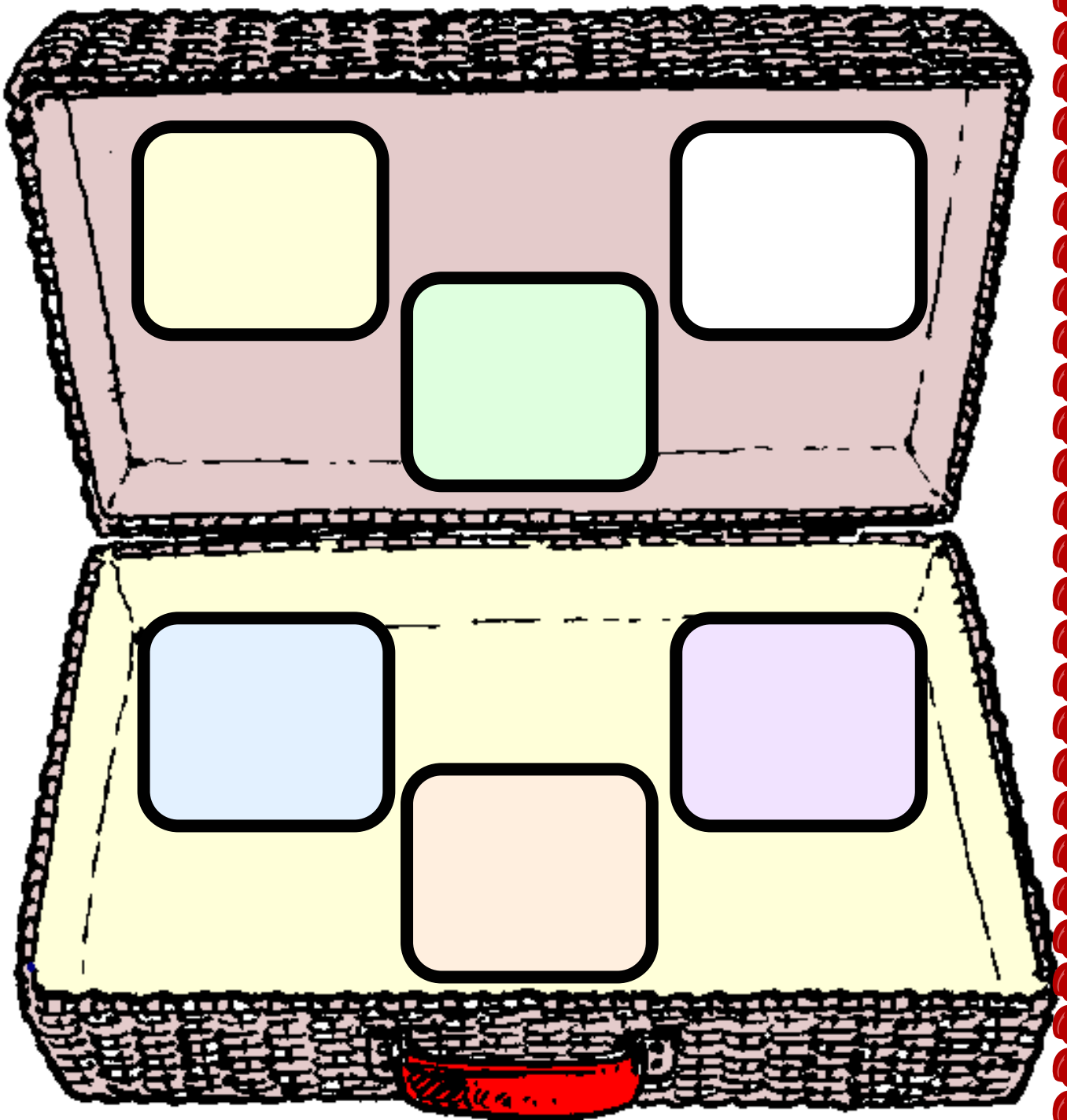
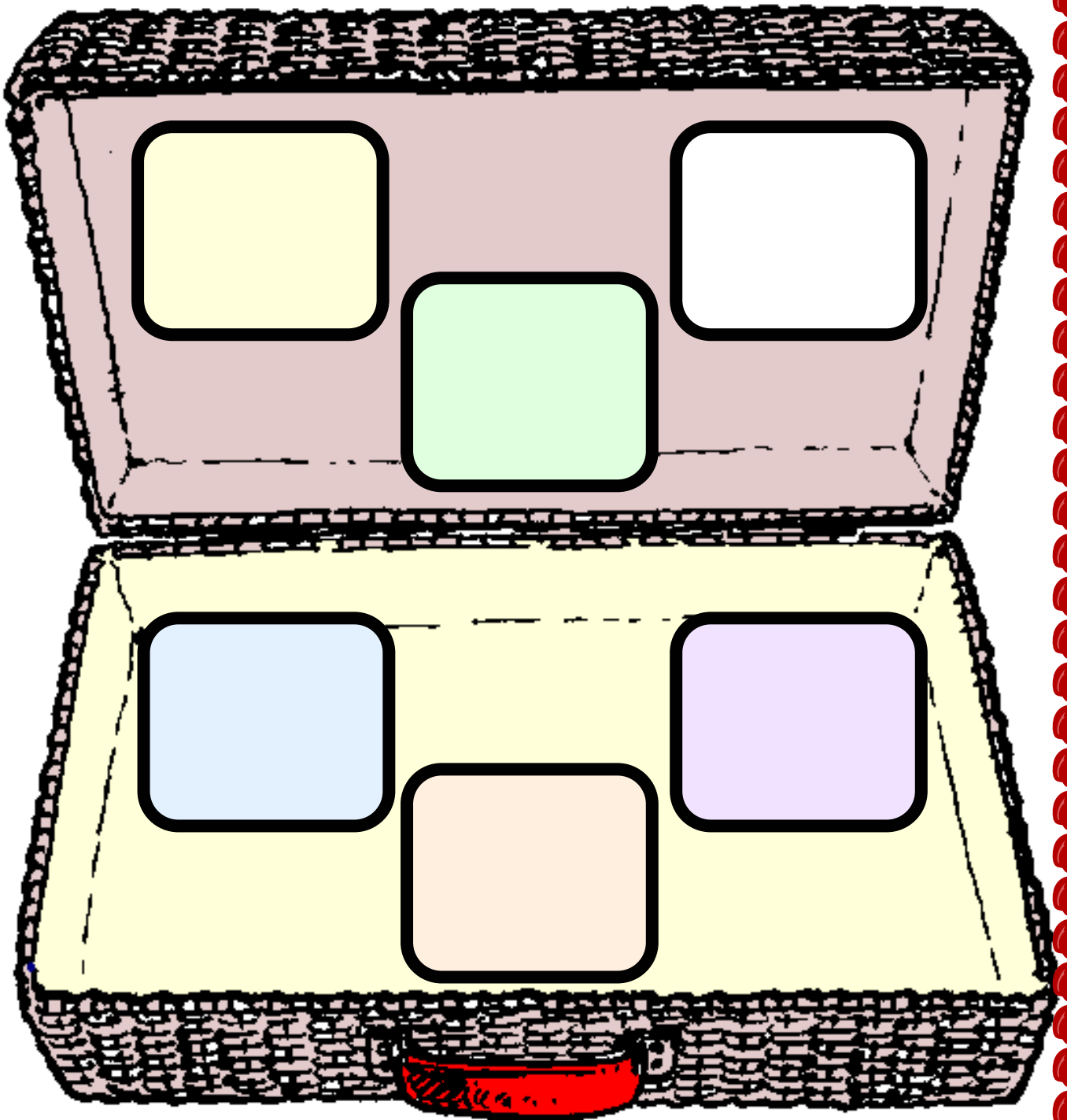


Choose 1 item from each food group
plus a drink



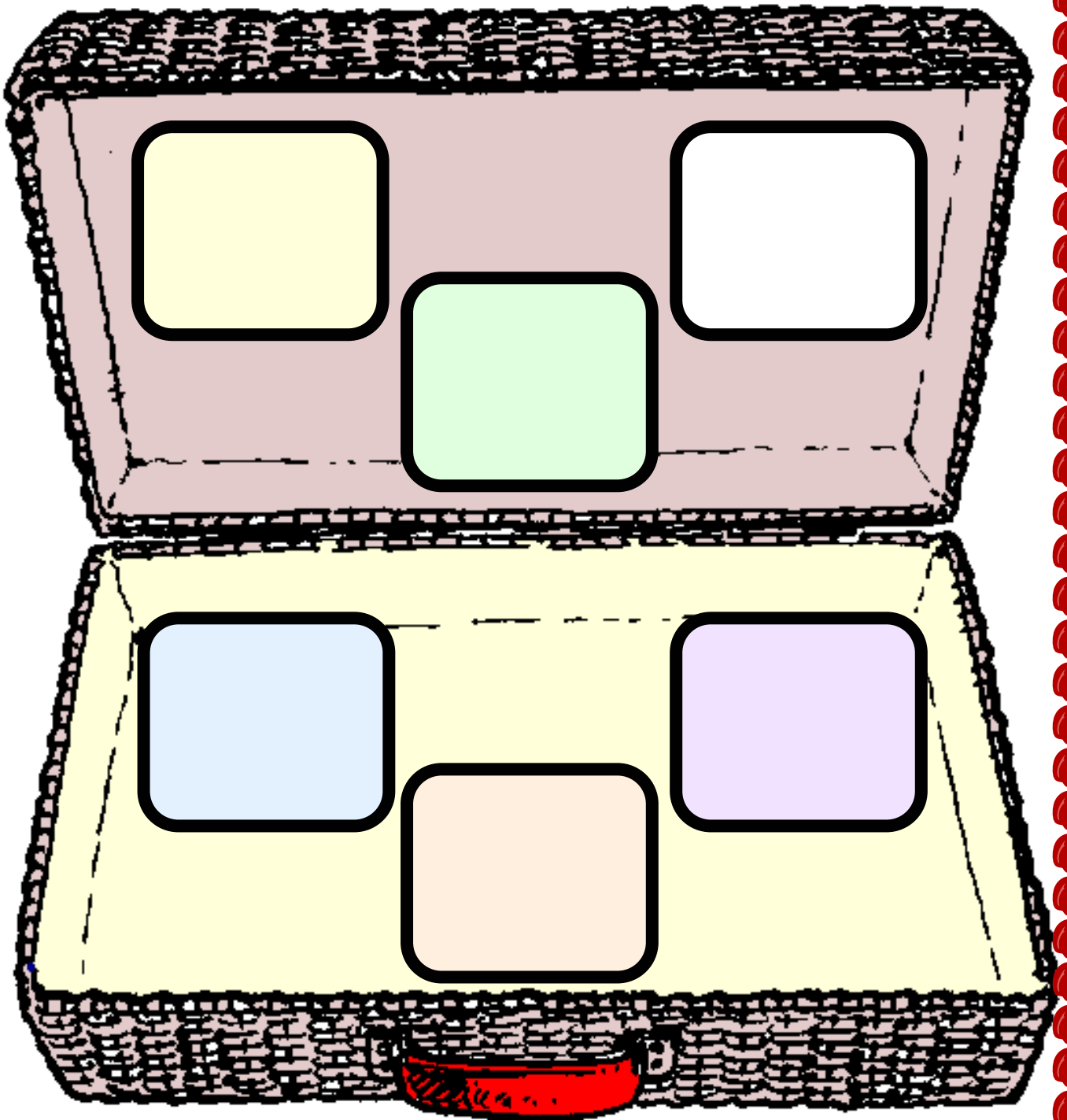
Try and make healthy choices if you
can!

Choose 1 item from each food group
plus a drink



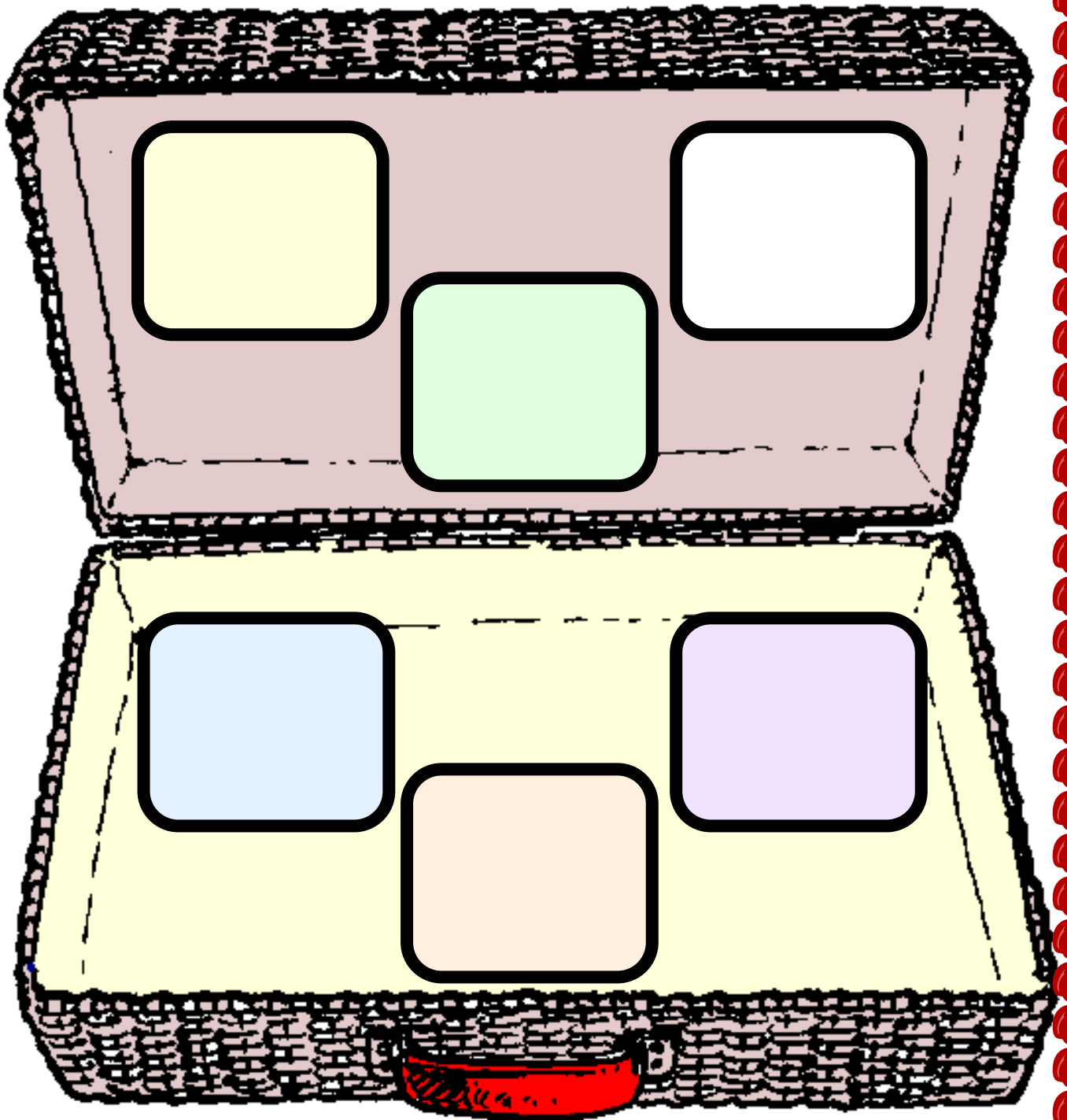
Try and make healthy choices if you
can!

Choose 1 item from each food group
plus a drink

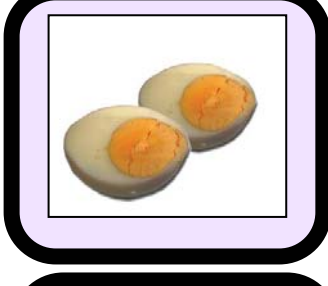
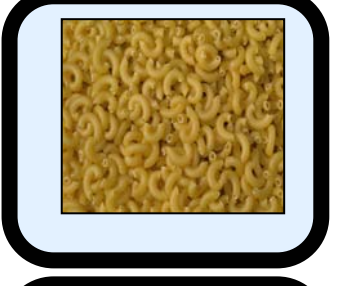
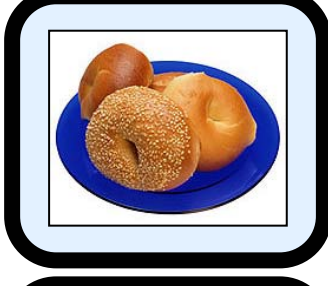
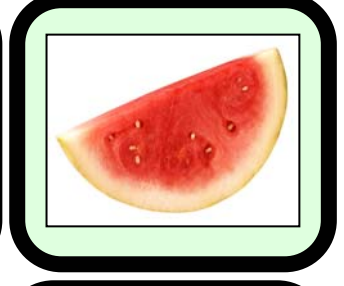
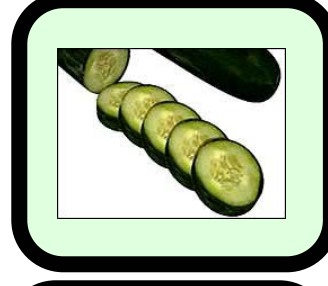


Try and make healthy choices if you
can!

Choose 1 item from each food group
plus a drink



Try and make healthy choices if you
can!



Yellow: Dairy White: Drinks Green: Fruit or Vegetables
 Blue: Carbohydrates Lilac: Protein Peach: Fats

These cards are enough for four players: print more sheets if necessary.