

Different Fruits

There are lots of different fruits you can use to make fruit salad or fruit kebabs. They all have different flavours and textures and can be lots of different colours.



Apple

Apples grow on trees and different types of apples have different tastes and differently coloured skin. Apples are usually crunchy in texture and have small pips inside them.

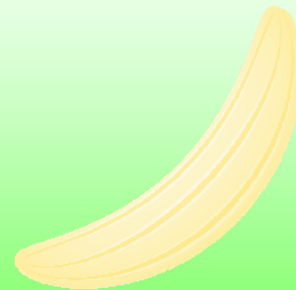


Banana

Bananas grow on a banana plant, which only grows in tropical countries. Bananas have a thick skin that goes yellow when they are ripe.

You must peel the skin off to eat them.

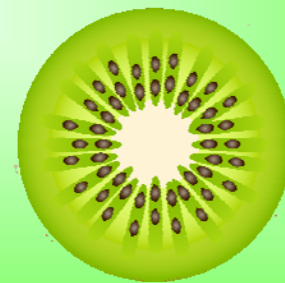
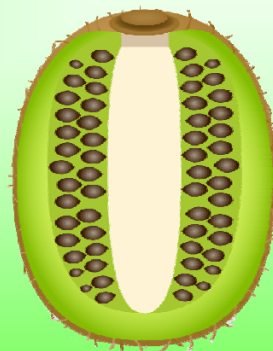
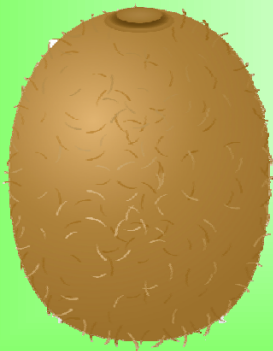
Bananas have tiny seeds that you can eat.



Kiwi Fruit

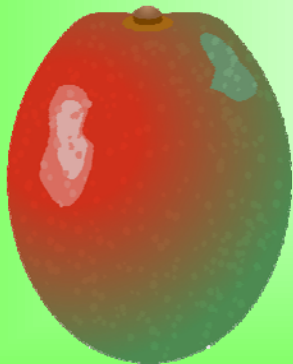
Kiwi fruits are also called Chinese gooseberries.

Kiwi fruits grow on vines and have a tough hairy skin that can be eaten, although most people do not eat it. Kiwi fruit have a lot of tiny seeds inside that you can eat.



Mango

Mangoes grow on tall, evergreen trees in tropical countries. Mangoes can be red and green in colour but you might also see yellow ones. Mangoes are eaten more than any other fruit in the world.



Pomegranate

Pomegranates grow on small round trees and shrubs. They have a distinctive 'crown' on the top and are bright red in colour. A pomegranate is filled with bright red fleshy seeds which you eat.



Orange

Oranges grow on trees and have a tough bumpy skin. Inside the orange skin there is a white pith that should not be eaten. Oranges are full of juice and can be easily broken into segments.

