

1.

Making Gingerbread Men



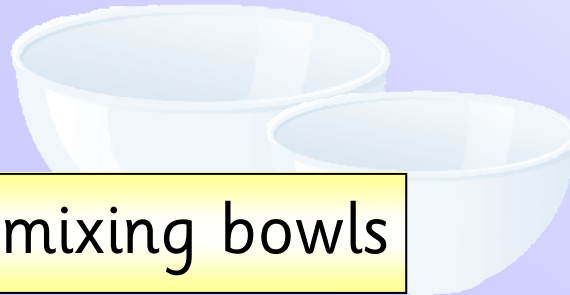
Before you start preparing food, you must first remember to wash your hands thoroughly.

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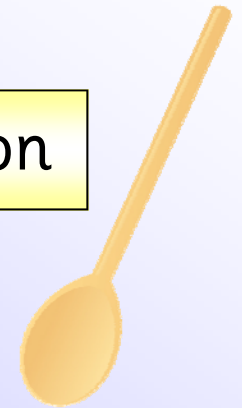
weighing scales



mixing bowls



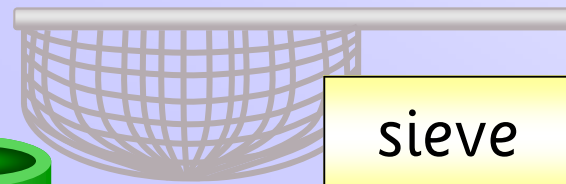
cookie cutter



spoon



ingredients



sieve



rolling pin

After washing your hands, gather together all the items that your recipe says you need to make your gingerbread men.

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Next, weigh your ingredients out very carefully.
Make sure you follow the recipe.

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Once your ingredients are all weighed, place the butter and brown sugar in a bowl and beat them together until they are soft.

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Next, add the egg and beat the ingredients together.

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Now, use your second bowl and sieve the flour and ginger together.

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Once the flour and ginger have been sieved, add the egg, sugar and butter mixture and stir together.

8.

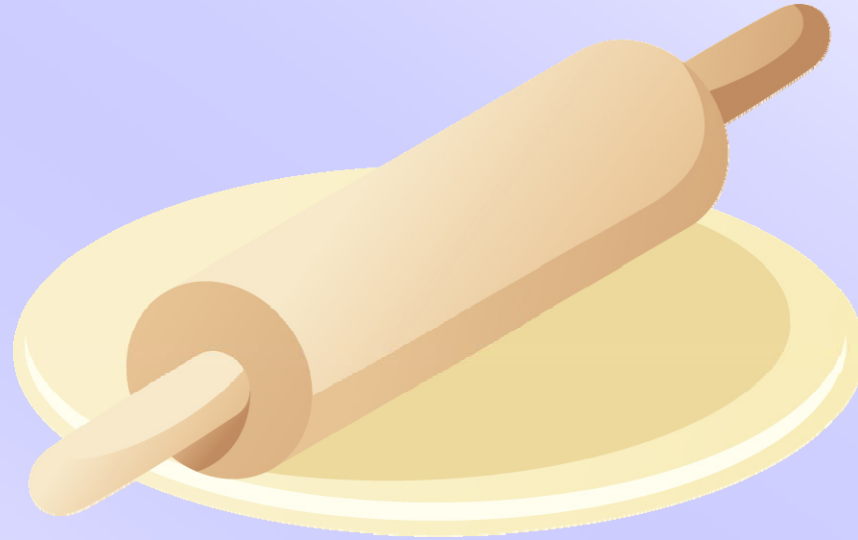
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When the mixture begins to get firm, put your hands in and knead the mixture into a dough.

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Then, use a rolling pin to roll out the dough until it is smooth and flat.

10.

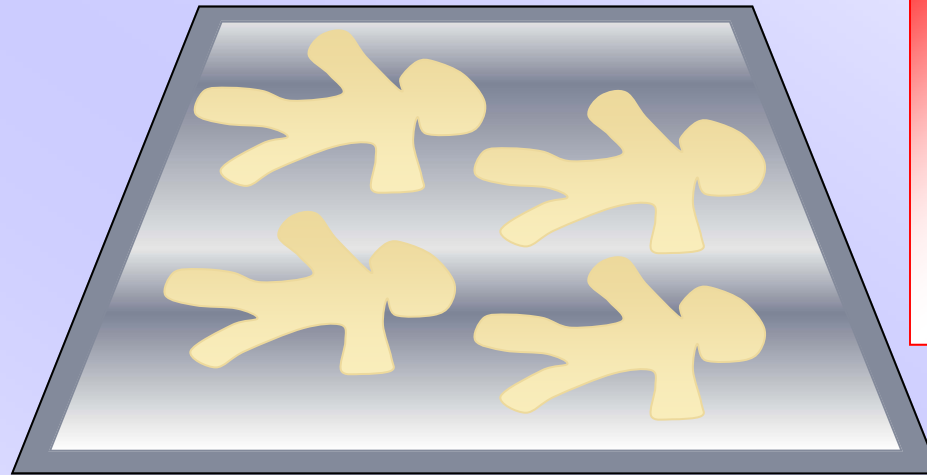
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When the dough is flat, get your cookie cutter and cut out your gingerbread men shapes.

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Your oven should be set to 180°C (350°F or Gas Mark 4).

As soon as your gingerbread men shapes have been cut out place them on a baking sheet and place the tray in the oven for 8 minutes.

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When the gingerbread men come out of the oven let them cool down. Finally, decorate them with icing or items of your choice.