

1.

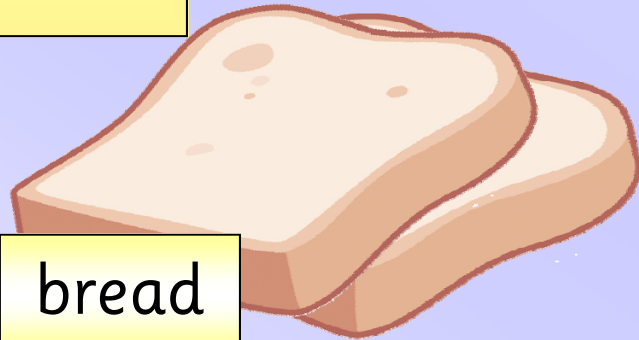
Making a Sandwich



Before you start preparing food, you must first remember to wash your hands thoroughly.

2.

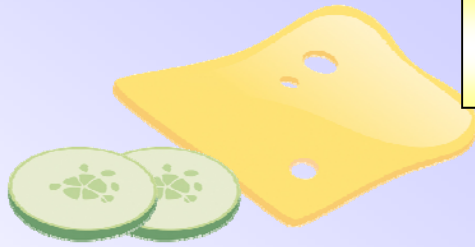
Making a Sandwich



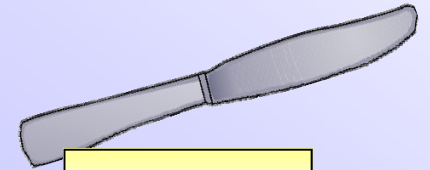
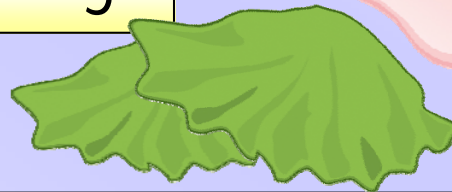
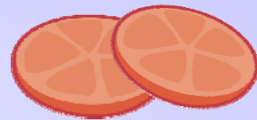
bread



butter or spread



sandwich fillings

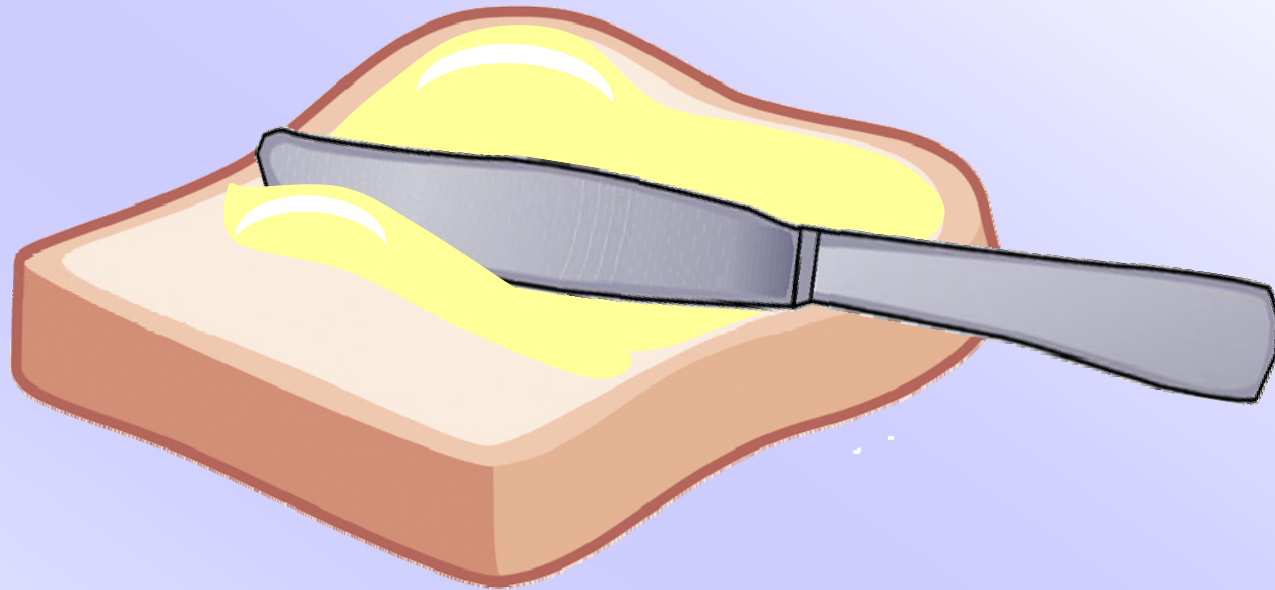


knife

After washing your hands, gather together all the items you need to make your sandwich.

3.

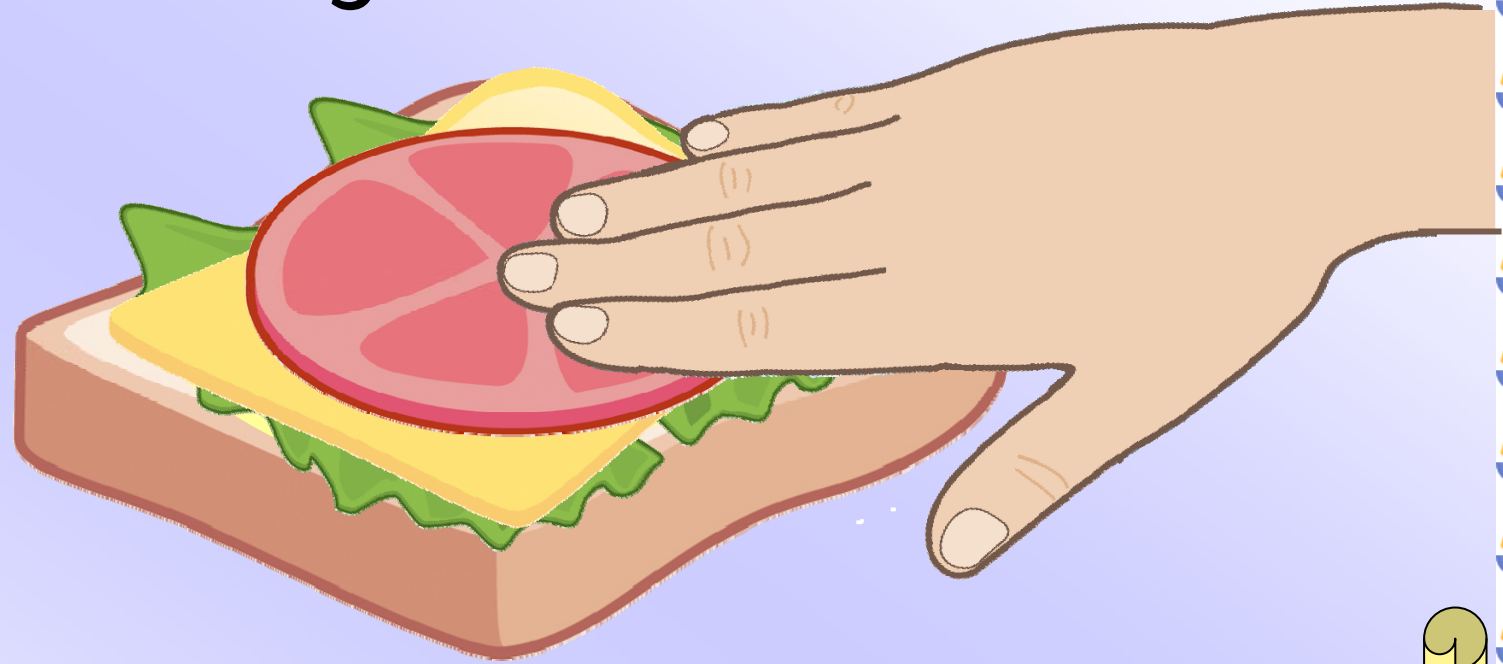
Making a Sandwich



Next, use the knife to spread your butter or spread on the slices of bread.

4.

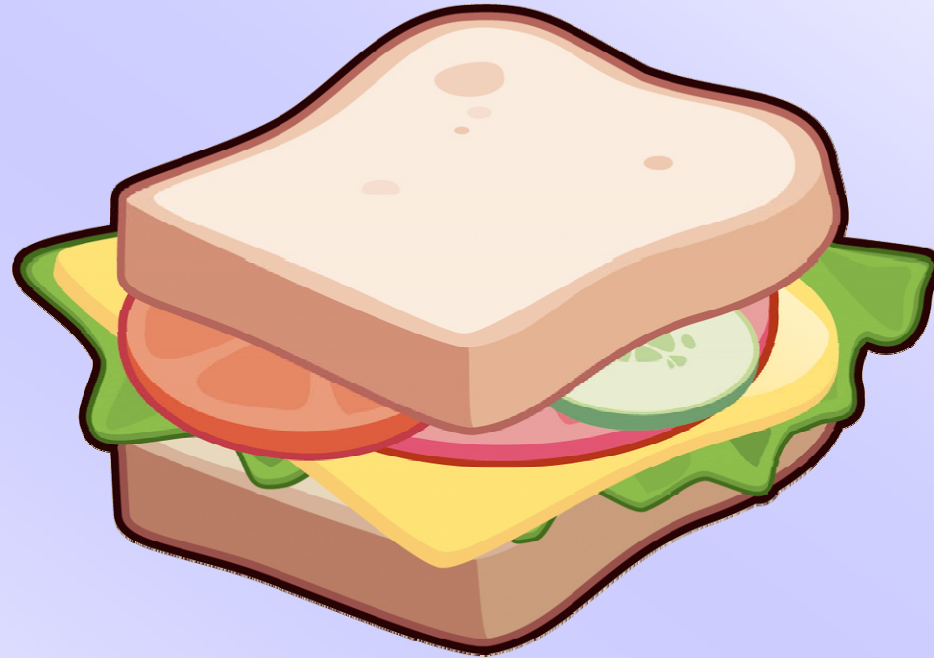
Making a Sandwich



After the bread has been buttered, place your sandwich filling on the buttered side of one slice of bread.

5.

Making a Sandwich



Finally, put your other slice of bread on top of your filling. Now your sandwich is ready.